The mission of Capitol Squash is to empower youth of Hartford to reach their potential as athletes, students, and engaged citizens.

Capitol Squash provides urban youth with life-changing opportunities through the sport of squash, intensive educational support, mentoring, and community service activities.
Dear Supporters of Capitol Squash:

Capitol Squash is off to another successful start to the 2018-19 year. Our Executive Director, Meg Taylor, and her team continue to do an outstanding job. We are grateful for Capitol Squash’s partnership with Trinity College, our home for all programming. We’re in a strong financial position and our plans for a new facility are moving forward (details near future). Positive press (including an inspiring piece on NPR – see below) and word of mouth messaging routinely uplifts. We’ve effectively moved out of the realm of start-up to a place where foundations, volunteers and donors now seek us out. My how far we’ve come in a short four years!

Please consider giving to Capitol Squash so that we may continue to grow and improve. Just as we believe in our students’ potential, we appreciate your belief in our organization’s past and potential. I’m routinely inspired by what we’ve accomplished. At the same time I know we have extraordinary days ahead!

With gratitude,

David Kinsley
Board Chair

Thank you again and again for all that you give – whether it’s wealth as a donor, wisdom as a counselor or work as a volunteer. Collectively they’re the reason we’ve accomplished so much so far.

2017-2018 SCHOOL YEAR

43 STUDENTS
GRADES 4-8

93% DAILY ATTENDANCE

50% female 50% male

students attend practice 3 times per week focusing on squash and academics
Dear Friends of Capitol Squash:

Four years ago, Julissa attended M.D. Fox School’s very first tryout session at Capitol Squash. We didn’t have any transportation, so we walked nearly a mile with the students to Trinity College. Now with a few more years under our belt, additional staff, and transportation, we have had an incredible year and have so much to be proud of:

- Julissa received a full tuition scholarship to attend The Taft School and plans to play varsity squash.
- Adriana received a prestigious merit-based scholarship to attend East Catholic High School.
- Ku, a refugee from Thailand, started her first year at Ethel Walker School.

Together, these three girls have received $140,000 in financial aid. And that’s just for their freshman year! These schools believe in our students’ potential and are investing in their futures. Respect

At Capitol Squash we invest in our students every day. They work with tutors on their homework, receive squash and fitness coaching, and learn about health and nutrition. Our students attend our four-week summer program. They have the opportunity to attend day and overnight camps. They compete in tournaments and travel on trips. All of these opportunities, coupled with adult mentorship and character building, prepare our students to apply for private school and ultimately—college. By investing in our students now, we open the doors for their future!

Meg
Executive Director
SQUASH

- Instruction on technique, skills, and match play
- Students compete against local schools, SEA programs, and US Squash junior players
- Rigorous fitness and alternative activities including yoga and running

TOURNAMENTS & MATCHES PLAYED:

- Participated in 7 US Squash Tournaments:
  - 5 First Place finishes
  - 5 Second Place finishes

AVERAGE NUMBER OF TOURNAMENTS AND MATCHES PER STUDENT:

- 24 Squash & Education Alliance High Performance Team Member
“I hope new students will look up to me and it will motivate them to do the same.”

Almedina Velic on winning Capitol Squash’s first Urban Individual Title

“I really enjoy getting to meet lots of new kids. I’ve met players from different cities like Detroit, Chicago, and Oakland!”

Henry Htoo, member of Squash + Education Alliance’s High Performance Team
ACADEMICS

- Individual tutoring
- Homework help
- SSAT and state test preparation
- Communication between Capitol Squash staff and school teachers
- Health and sex education by Connecticut Children’s Medical Center residents

75% OF MIDDLE SCHOOL STUDENTS HAD A 3.0 OR HIGHER GPA
12 PRIVATE SCHOOL VISITS
3 STUDENTS ACCEPTED TO PRIVATE SCHOOL
“Our students are seizing the opportunity at Capitol Squash, and helping them in the classroom and on the court has been inspiring.”

Steve Byer
Board Member and Volunteer
Partnership with Miss Porter’s School

Capitol Squash runs a robust summer program out of Miss Porter’s School in Farmington, Connecticut.

Each student receives:

- 10 hours of academic enrichment per week
- 10 hours of squash instruction and fitness per week

Camp Opportunities

- 9 students attended YMCA overnight camps
- 1 student attended Lawrenceville Summer Scholars program
- 6 students attended squash camps
- 5 students attended local day camps
July 1, 2017-June 30, 2018

Total Expenses: $285,698

Major expenses include salaries and benefits, insurance, squash equipment, academic supplies, transportation and travel, and summer camp opportunities.
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We apologize for any errors or omissions. Please contact us with any corrections at: info@capitalsquash.org

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